

The Client Connection

News and Updates from The Gensler Group

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The Markets

The market is flat.

That's right. It's a rare occurrence - something that has happened just 12 times since 1926, according to Fortune - but the Standard & Poor's 500 Index (S&P 500) has remained in a narrow trading range for seven months. For every sector that has delivered performance gains (for instance, healthcare, software, and consumer discretionary), there has been one with losses that have offset those gains (for instance, energy, materials, and industrials).



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If You Sleep More, You May Earn More Money



Researchers were trying to evaluate the importance of sleep so they focused on two American cities in a single time zone: Huntsville, Alabama (on the eastern edge of the central time zone) and Amarillo, Texas



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(on the western edge of the same time zone). The sun sets an hour later in Amarillo, so the assumption was made that people get less sleep in Amarillo than they do in Huntsville.

The findings reported in Time Use and Productivity: The Wage Returns to Sleep, by Matthew Gibson of Williams College and Jeffrey Shrader of the University of California-San Diego, were people who get one hour less shuteye, over a long period of time, earn about 4.5 percent less.

[Click here to read the full article.](#)

Watch Out for This Pricey Medicare Misstep

As Medicare celebrates its 50th anniversary, consumers may find there's still plenty about the government program that's tough to cheer about, if they're not careful about their choices.



"I don't think Medicare is very user friendly, although they have tried to be," said economist Alice Rivlin, a senior fellow at the Brookings Institution.

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