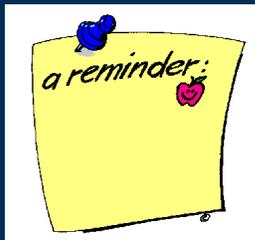


The Client Connection



Implications of Investor Behavior and Cyber Security - Protecting Yourself are this year's topics for our annual symposium on Thursday, Feb 23rd, 10:00 a.m. -12:30 p.m., at the Coronado Library, Winn Room.

[Click here to R.S.V.P. \(if you haven't already done so\).](#)

The Markets

Up!

Four major U.S. benchmark stock indices closed at record highs for four consecutive days during Valentine's Day week, reported Financial Times (FT).

To date, positive corporate earnings and robust investor confidence have offset fiscal and political uncertainty and helped push U.S. stock markets higher, said sources cited by FT.

[Click here to read the entire article.](#)



How to Set a Realistic Retirement Savings Goal

These strategies will motivate you to keep saving throughout the year.

It's intimidating to realize that you might need to save \$1



million or more in order to fund a comfortable retirement. A large retirement savings goal can feel unreachable and reduce your motivation to save every month. It's often more productive to set short-term savings goals so you can celebrate your progress as you accumulate wealth.

[Click here to read the entire article.](#)

7 Ways To Keep Your Mind Sharp



From the gym to the kitchen, opportunities to exercise your brain abound.

It's all in your head When Arthur Pollakoff, 83, of Glenview, Ill., retired as a salesman six years ago, he made a pledge. "I promised myself that I would not sit down, dry up, and blow away," says Pollakoff, a grandfather of four who plays tennis regularly and presides over a local men's club, among other activities. Experts say Pollakoff has the right idea. Keeping your mind sharp may go a long way toward warding off the onset of Alzheimer's disease, but maintaining your brain means more than challenging yourself intellectually. Exercise, healthy eating, and socializing are critical as well.

[Click here to read the entire article.](#)

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