

# The Client Connection

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## The Markets

Dad: "Fra-gee-lay" ...it must be Italian!  
Mom: I think that says "fragile," honey.  
Dad: Oh, yeah.

This holiday season, investors' enthusiasm for U.S. stocks has rivaled old man Parker's passion for his major-award leg lamp in 'A Christmas Story.' Last week, three major U.S. indices hit all-time highs.



[Click here to read the entire article.](#)

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## The Science Of Why You Should Spend Your Money On Experiences, Not Things

Most people are in the pursuit of happiness. There are economists who think happiness is the best indicator of the health of a society. We know that money can make you happier, though after your basic needs are met, it doesn't make you that much happier. But one of the biggest questions is how to allocate our money, which is (for most of us) a limited resource.



[Click here to read the entire article.](#)

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## 9 Stay-Healthy Tips for the Holidays

**Keep the focus on fun, not food.**

Most holidays are associated with certain foods. Christmas at your house might not be the same without your aunt's green bean casserole, but that doesn't mean food has to be the main focus. Instead, throw yourself into the other rituals a holiday brings, whether it's caroling or tree trimming.



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