

The Client Connection

The Markets

It's a myth!

According to WebMD, the amino acid L-Tryptophan is not responsible for Americans' post-Thanksgiving food coma. The real culprit is overeating. So, last week's post-feast sleepiness can be blamed on big appetites.



[Click here to read the entire article.](#)

How much wealth is there in the world?

In 2016, the Earth's inhabitants were worth about \$256 trillion, according to the Global Wealth Report by Credit Suisse Research Institute. Population has grown along with wealth.



1. North America, which has more than 5 percent of the world's population, is the wealthiest region with about \$92 trillion of the world's wealth.
2. Europe, which accounts for about 12 percent of the world's population, is next with about \$73 trillion.
3. The Asia-Pacific region, excluding China and India, encompasses almost 25 percent of the world's population, and is worth a bit more than \$53 trillion.
4. China has more than 20 percent of the world's population and comes in just above \$23 trillion.

[Click here to read the entire article.](#)

Chamber's 41st Annual Holiday Parade Friday, December 2nd



The Coronado Chamber of Commerce is thrilled to be hosting the 41st Annual Holiday Parade on Friday, December 2nd starting at 6pm. Bands, floats and Santa himself make this parade down Orange Avenue fun for kids and families of all ages! The parade runs from 8th and Orange to RH Dana, and includes everything from VW vans to vintage cars and lowriders, Pop Warner Football players to cheerleaders, Boy Scouts and Girl Scouts, the Mayor and City Council, and of course, the Coronado High School Band. Plus, the parade wouldn't be complete without Lil' Mac, the fully restored fire truck #80 that answered the bell here in Coronado for 37 years, starting in 1939!

[Click here for more information on the parade and other holiday events.](#)

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